

GJ Tube Exchange

My Hospital Story



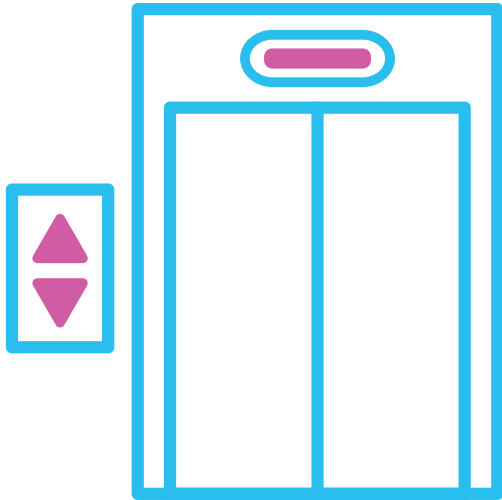
Boston Children's Hospital

November 2023

I'm getting ready for my GJ tube change at Boston Children's Hospital. I need my GJ tube to give my body food and medicine. My tube needs to be changed every 3 months.



First, we'll take the elevators to the 2nd or 6th floor. My caregiver will tell me where my GJ tube change will happen.





Then, we'll talk to someone at the front desk. I will get a bracelet with my name.



Next, we'll wait until my name is called. I can sit and play quietly while I wait.





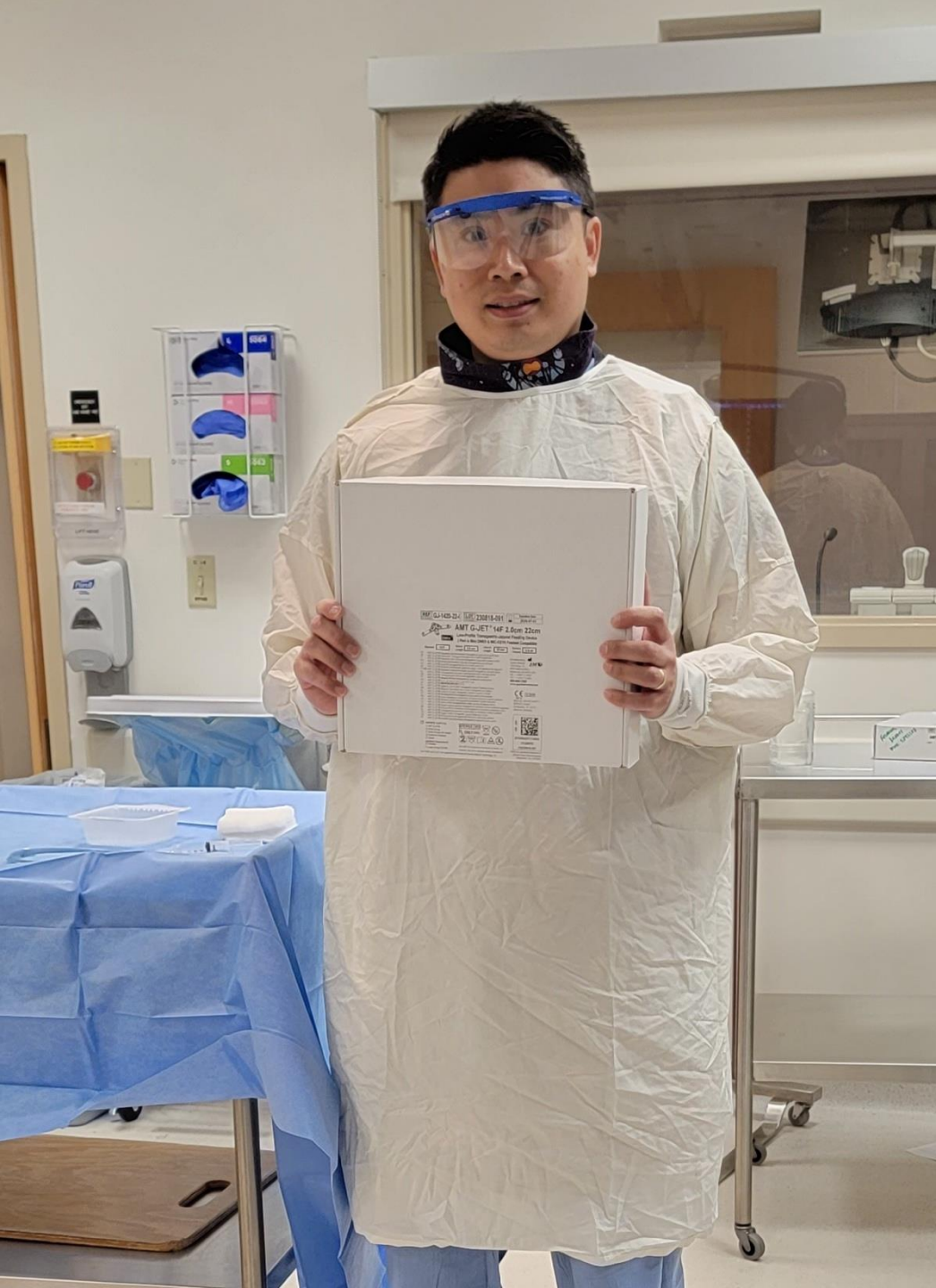
When it's my
turn, a nurse will
call my name.

We'll go to a
new room.



I will meet the provider who will change my GJ tube.

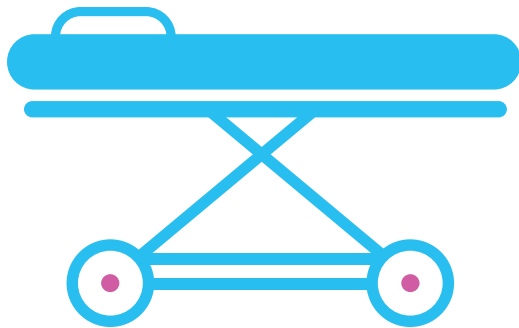




I will also meet the radiologic technologist who will help me during my GJ tube change.



Next, I will lie
on the bed.
My caregiver
or nurse can
help me.



It's important to keep my arms and hands away from my belly. I can hold my caregiver's hand, play with a toy or listen to music.





Next, the provider will check the skin around my tube to make sure it looks healthy.



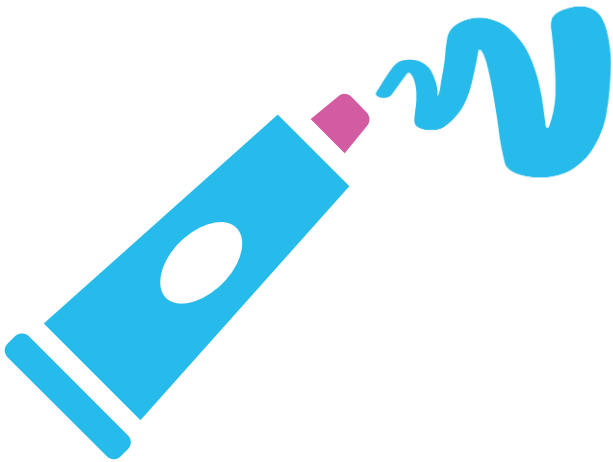


The provider will put a blue cloth over my belly and take a picture of my tube. This special picture is called an X-ray.



Now it's time to change my GJ tube.

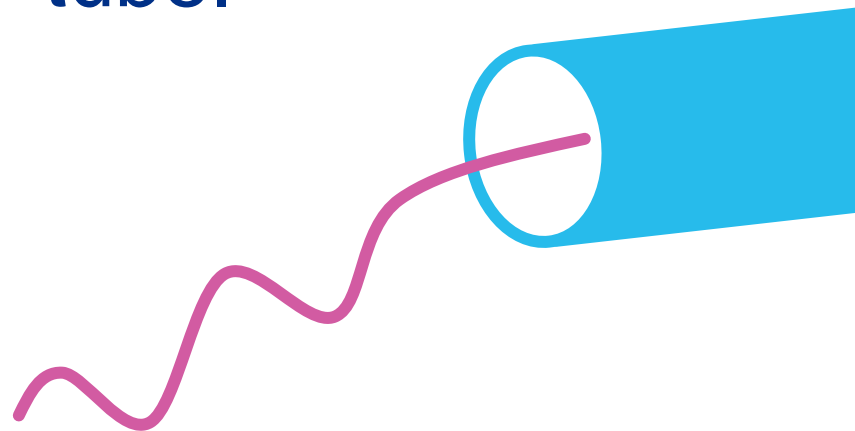
The provider will put gel on the skin around my tube. It might feel cool and wet.





Next, the provider will put a long, bendy wire through my tube.

The provider will slide out my old tube.

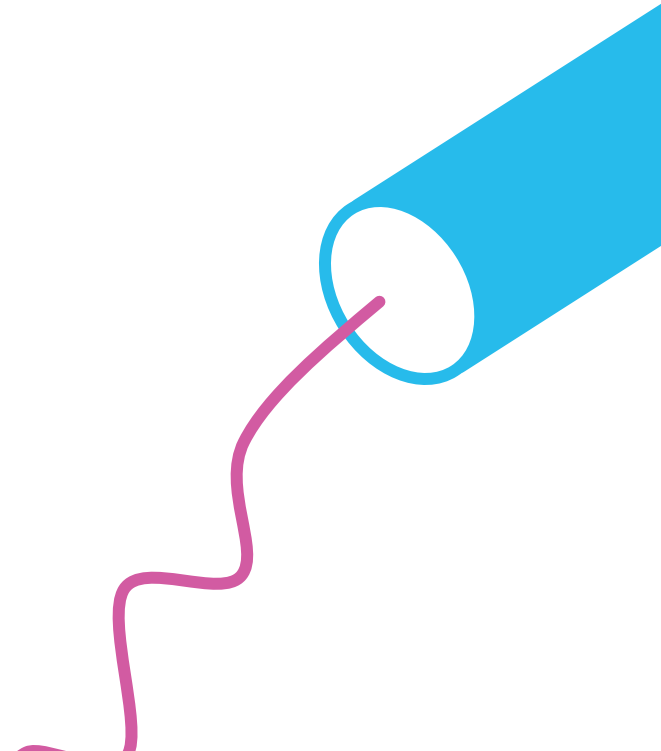




Next, the provider will slide in the new tube. They'll take an X-ray to make sure the new tube is in the right place.



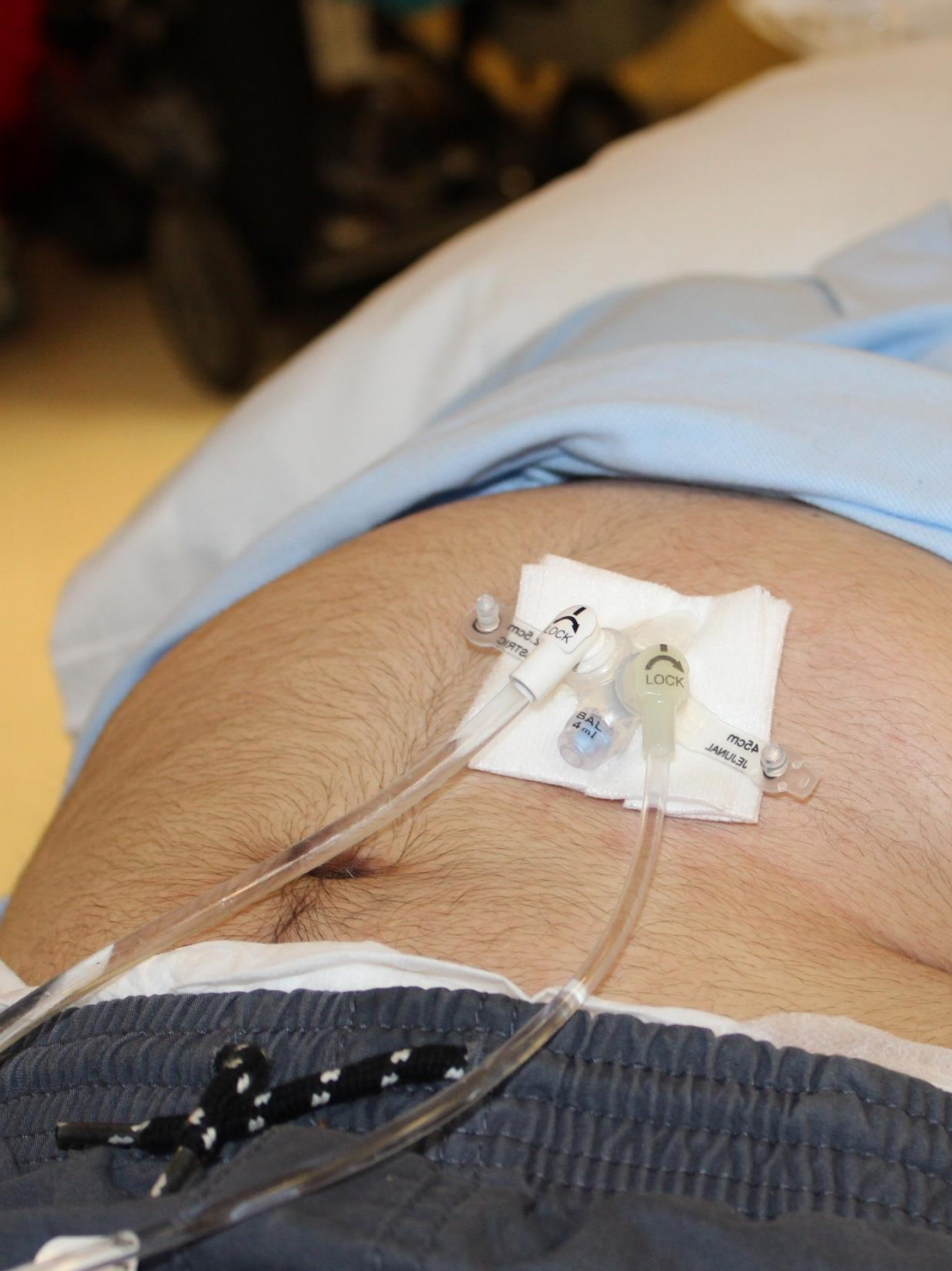
When my new tube is in, the provider will take out the bendy wire.



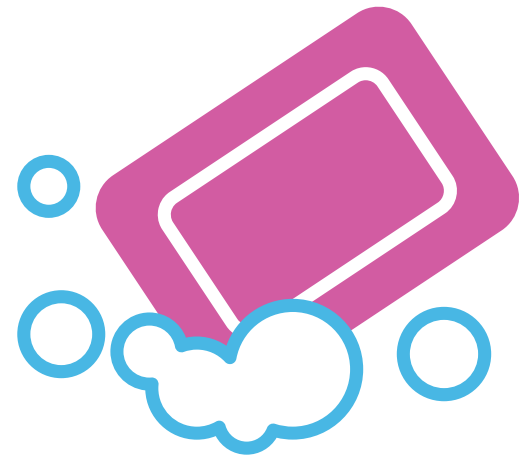
Next, the provider will put a liquid called contrast into my new tube and take an X-ray.

The contrast helps the X-ray show how the tube is working.



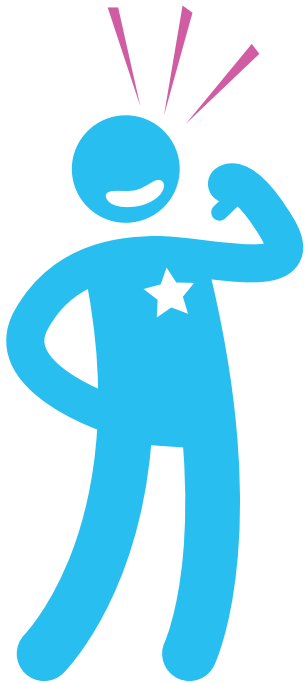


The provider will clean around my tube. They might put soft tape over my tube to keep it safe.



I'm all done with my
GJ tube change.

Everyone will be so
proud of me!



Developed by:

Autism Spectrum Center, Interventional
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