How to Clean an Inhaler

It is important to clean your inhaler once a week (or more if recommended) so that it does not clog.

Follow the steps below to clean your inhaler.

IMPORTANT NOTE: Do not clean the metal canister or get it wet.

1. Wash hands.

2. Take the canister out of the plastic inhaler cover.

3. Take the cap off of the inhaler.

4. Hold one end of the plastic inhaler cover under warm water for 30 seconds.

5. Turn the plastic inhaler cover upside down and run that end under warm water for 30 seconds.

6. If needed, use a toothpick to remove hardened medicine from the small hole inside the plastic inhaler cover.

7. Shake off any water on the inhaler cover.

8. Place cleaned parts of inhaler on paper towel and let air dry.

How to Clean a Spacer with Mouthpiece or Face Mask

It is important to clean your spacer once a week (or more if recommended).

Follow the steps below to clean your spacer.

Do you have a mouthpiece or face mask?

Spacer with mouthpiece

Spacer with face mask

1. Wash hands.

2. Pull off flexible back of spacer where the inhaler goes.

   Spacer with mouthpiece   **Spacer with face mask**

3. Twist off the front part of the spacer.

   Spacer with mouthpiece   **Spacer with face mask**

4. Soak spacer parts in mild soapy water for 15 minutes.

5. Rinse spacer parts in clean water.
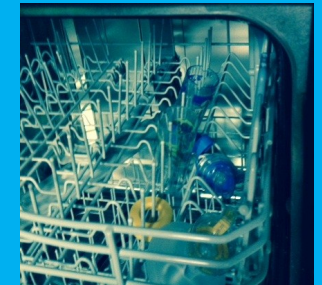
6. Shake off any water on spacer.
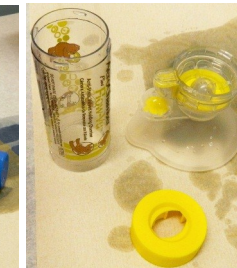
7. Let spacer parts air dry on paper towel.

   Spacer with mouthpiece   **Spacer with facemask**

   - Stand spacer up to dry.
   - **Do not dry your spacer with a cloth towel,** as it can leave lint in the spacer.

Do you have a dishwasher?

You can wash all parts of the spacer, including the face mask, in the dishwasher. Just put them on the top shelf!